



VALUES, SKILLS AND PASSIONS

1. LIST YOUR TOP 3 VALUES

For example: family, community involvement, honesty, etc.

1. _____
2. _____
3. _____

2. INVENTORY YOUR SKILLS

This includes natural abilities as well as skills you've cultivated.

3. LIST YOUR TOP 3 PASSIONS

What do you enjoy doing that inspires you? Is there something that you do that completely engages you so that you lose track of time?

1. _____
2. _____
3. _____